



Σ SIGMA LEADERS PROGRAM

The Sigma Leaders Program is a long-term leadership program designed for student leaders.

The program is centred around three pillars of leadership development, which include...

1. **Selfless Leadership:** Developing students' ability to put the needs of the College, parents, teachers and other students before their own. Students will develop a 'We' (as opposed to 'Me') focus towards their leadership roles.
2. **Resilience & Grit:** Now identified as the most important skill for long term success (University of Pennsylvania), student leaders will develop their grit and ability to persist with their leadership goals throughout the term.
3. **Results:** The Program will be driven by tangible and proven results. Once students set their leadership goals, these goals will be closely monitored and tracked by the team and College Executive Team. Feedback will also be provided via our online platform so students are held accountable and can make improvements.

The Sigma Leaders Program is a hybrid program (both online and offline) that allows student leaders to access additional resources in their own time, or during additional leader meetings outside of the workshops.

To achieve the goals of the college, the 8 face to face workshops will centre around our three pillars of selfless leadership, resilience and results.

The 8 face to face workshops have been outlined below...

1. Background to Leadership & Styles of Leadership

Student leaders will learn about the different styles/methods of leadership that are available to them (for example autocratic, democratic, contingency). They will then identify their own unique strengths and personality traits which can be matched with a particular style. We will also discuss charismatic vs technocratic leadership.

2. Selfless Leadership & Ego

As a core pillar of the program, students will learn how to create a 'We' (as opposed to 'Me') focus. Student leaders will also discover the flaws of egotistical leadership and form a strong foundation for wanting to help and give back to others within the College community.

3. Leadership Goals

In this unique session, student leaders will set their goals as a leadership group together. We will also invite the College Executive team (including principal, assistant principals and key teaching staff) to work with the students on aligning their teams' goals with the College's overall focus. These goals will be tracked through our online system and we will also use Google Forms to collect data on student progress (which will be made available to teachers)

4. Building A Team & Empowering Your Followers (Fellow Peers)

Students will discover different personality profiles and utilise these profiles to better understand their followers in each year group (Year 7 -12). Student leaders will learn how to empower their fellow peers to become more involved, determined and enthusiastic so that they can achieve their goals as a leadership team.

5. Public Speaking

This workshop will help students improve both the style and substance of their presenting skills. Student leaders will have greater confidence when speaking and will also understand how to plan and build an effective presentation to deliver to their peers.

6. Future Focus, Interviews & Applications

As the program comes to its end, this workshop will then focus on future opportunities for student leaders and upcoming leadership opportunities – including scholarships, additional programs and resources which students can continue on with after the Program. This will give leaders a huge advantage in achieving success outside of school. This will be particularly beneficial for senior students in Years 10-12.

7. Resilience As A Leader

Resilience is critical for success in life and vital to leaders. This ability to bounce back after challenges will serve students well as they take on leadership roles. Resilience is crucial for building positive habits and also for self-esteem/mental health.

8. Conclusion, Reflection & Reset for next term

In this concluding workshop, students will reflect on their results as a leadership team and provide feedback to one another for future improvements. We will also look at creating structure and setting goals for the next term so that the programs momentum continues.

PROGRAM FEATURES

The total program will include...

- 8 face to face workshops – run over the course of the term
- Over 10+ hours of additional online resources which student leaders, teachers and parents can access at the school (including worksheets, podcasts, webinars, catch-up videos for missed workshops and additional assignments)
- Tickets to the conference for that specific term (runs in the holidays for students)

INVESTMENT

The value for the entire Sigma Leaders Program is \$4400 (GST Inclusive) for a maximum of 40 student leaders to take part.

If the college would like to go ahead with the program, please let us know directly.

We look forward to having an extremely positive impact on the College Student Leadership Team.

David Castelanelli

Founder of Alpha Motivation

Former WA Youth Ambassador 2018

